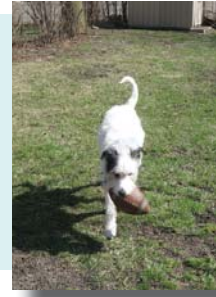




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# The Anchor



Volume 12

MARINERSINN.ORG

Spring 2010

*At Mariners Inn we are dedicated to helping homeless men, seeking to be free of addiction, live an independent life filled with dignity and purpose.*

**Think Spring!  
Think Golf!**

**8th Annual  
Mariners Inn  
Golf Classic**

**Monday, June 14, 2010  
at the Warren Valley  
Golf Course. 8:00am  
registration and  
continental breakfast,  
9:00am shotgun start.**

**All proceeds benefit  
the mission of  
Mariners Inn!**



## Family event celebrates success

**Graduation event provides fun and fellowship while celebrating family growth and achievement**

Mariners Inn's Strengthening Families Program serves the families of Mariners Inn clients, including their children, wives, and significant others.

Strengthening Families helps children avoid substance abuse and build positive behaviors that promote academic success and healthy relationships. The program also teaches parenting skills and helps improve family communication.

On February 25, a graduation ceremony was held for fifteen families that successfully completed the Strengthening Families Program. Participants were surveyed, and 100% of parents reported that they had gained better communication skills, and 100% of teens reported greater knowledge of drugs, alcohol, and how to refuse them. Prizes for children included a toddler bike, a Hooked on Phonics set, passes

to Detroit's Cultural Center, and memberships to Youthville for positive recreational activities. Children and parents loved the one-hour performance put on by magician Dynamike.

Strengthening Families is a fourteen-week program that takes place three times a year. Families meet for three hours a week and enjoy a family dinner, educational sessions and discussions, and family activities, including games and outings. The program is run by Mariners Inn staff member Ebony Lawson.



Elaxis tries out her new bike



## Spring is here - and so is golf season!



Check out our website for special online auction items!  
[www.marinersinn.org](http://www.marinersinn.org)

**The 8th Annual Mariners Inn Golf Classic will be held Monday, June 14, 2010 at Warren Valley Golf Course.**

There will be gifts, door prizes, a 50-50 raffle, mulligan sale, and silent auction - all in support of Mariners Inn. Artist Hubert Massey will be the Honorary Chairperson, and there will be a special guest appearance!

The Golf Classic is always an event to remember. Please reserve your spot today. Questions? Contact Doreen Webb at [dwebb@marinersinn.org](mailto:dwebb@marinersinn.org) or 313.962.9446, x 230.

**Please return the enclosed sign-up form to:**

**attn: Doreen Webb  
 Mariners Inn Golf Outing  
 445 Ledyard  
 Detroit, MI 48201**

## Mariners Inn is going green

**Thanks to a grant from United Way for Southeast Michigan,** Mariners Inn has increased the energy efficiency of our 457 Ledyard building, which houses two important Mariners Inn programs. Over the past year, several improvements have been made, including attic insulation, plumbing and lighting improvements, an outdoor thermostat reset, and new windows. Not only will these improvements save energy and reduce utility bills, but they will also create a more comfortable living and working environment for Mariners Inn residents and staff.

The building, located at 457 Ledyard next to Mariners Inn's main

building, houses the Transitional Housing Program and the Alumni Program. The Transitional Housing Program serves men who have successfully completed treatment and are preparing for independent living in their own homes or apartments. Men may participate in this program for up to two years. The Alumni Program provides ongoing recovery support to former clients of Mariners Inn, ensuring that they have the resources and support they need to continue to lead a sober and meaningful life.

Thank you to United Way for enabling Mariners Inn to make our organization more environmentally sustainable.



Mariners Inn's 457 Ledyard building with new windows funded by United Way for Southeast Michigan. Other improvements included more efficient lighting, plumbing, attic insulation, and an outdoor thermostat reset.

# Welcome to new program directors

**Mariners Inn is pleased to announce the appointment of Sue Clark and Wendy Cromwell to management positions in our residential programs.**

**Ms. Clark** is the new director of the Mariners Inn Residential Treatment Program. The Residential Treatment Program is where men receive shelter and substance abuse treatment. It is Mariners' core program.

Ms. Clark was a member of Mariners Inn's highly talented counseling team before transitioning into her new position. Her favorite thing about her new job is helping the men.



Ms. Sue Clark,  
Director of Residential Treatment

"I really am very honored that they have given me the opportunity to watch them grow and see their success," she says. "I like working at Mariners Inn

because of the teamwork that exists. It truly is a collaboration between consumers and staff to provide the ideal environment for recovery to happen."

During her studies, Ms. Clark has pursued training in both addiction and mental health. She received a Bachelor's degree in Social Work from Madonna University, where she minored in addictions. She went on to complete a Master's degree in Social Work with a major in Mental Health and Chemical Dependency Rehabilitation from Eastern Michigan University. Ms. Clark is certified in addictions counseling, and is now working towards her Co-Occurring Disorders Professional-Diplomate.

In the future, Ms. Clark hopes to put herself out of a job through the eradication of substance abuse.



**Ms. Cromwell** has been appointed Director of Housing, which includes the Mariners Transitional Housing and Extended Residency Programs. Men enroll in these programs to prepare for ongoing independence and long-term recovery after they complete substance abuse treatment.

Ms. Cromwell attended Wayne State University and holds Bachelor's and Master's degrees in social work. She is a Licensed Master Social Worker and a Certified Advanced Addictions Counselor.



Ms. Wendy Cromwell, Director of Housing

Ms. Cromwell says that her favorite thing about her job is that she never knows what to expect when she comes into the office. "I enjoy the fact that each day brings a variety of tasks and challenges. I like working at Mariners Inn because the staff are very supportive of one another, treat each other like family, and take pride in meeting the needs of the residents," she says.

**We are very pleased to have Ms. Clark and Ms. Cromwell at Mariners Inn. Their expertise and passion for their work will enable us to continue to achieve our mission of "Saving Families... One Father At A Time."**

## Thank you to the Colin Hubbell Fund

Thanks to a grant from the University Cultural Center Association (Hubbell Fund Neighborhood Mini-Grant), the clients of Mariners Inn recently completed a beautiful mosaic bench. The bench will have a bike rack attached and will be secured near the entrance of Mariners Inn in the spring.

The men created the mosaic by collecting broken glass bottles from the neighborhood and then using a tumbler to smooth the pieces down for use in the mosaic. Jenny



Elliott, WSU art therapy student and Artist in Residence at Mariners Inn (pictured below), explained the

significance of this; the men were literally “picking up the pieces” from the streets. “What was especially meaningful was that the men were using broken beer bottles - very negative objects from their past - and they were smashing them, then turning them into something beautiful,” says Ms. Elliott.

Mariners Inn would like to thank Wheel House Detroit and Canine To Five for their support of this project.

## You're Invited!



On Sunday, May 2, 2010, the Detroit Repertory Theatre will present *Two Point Oh*, a play about love, reality, and virtual reality. Doors open at 1:00pm, and the performance begins at 2:00pm. Tickets are \$20 each, and include refreshments. **All proceeds benefit Mariners Inn!** To purchase tickets, contact Doreen Webb at 313.962.9446 x 230 or [dwebb@marinersinn.org](mailto:dwebb@marinersinn.org).

For more information, visit the Detroit Repertory Theatre website at [www.detroitreptheatre.com](http://www.detroitreptheatre.com).

## WSU students help renovate Mariners Inn lobby

Mariners Inn is partnering with Wayne State University in the renovation of our lobby. WSU art students are working to create a beautiful space that will be welcoming to clients, staff, and guests. The lobby has been beautifully painted and will feature mosaic work, including the Bridge Over Troubled Waters mosaic created last year by clients of



Ms. Jenny Elliott, an art therapy student at WSU, works on painting the Mariners Inn lobby.

Mariners Inn.

**Check out pictures of our lobby renovation online at <http://www.marinersinn.org/lobbyrenovation.htm>. Thank you to the students for their hard work and for sharing their artistic talents with Mariners Inn!**



Mariners Inn  
445 Ledyard  
Detroit, MI 48201

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*Saving Families...One Father At A Time*

Phone: 313-962-9446

Fax: 313-962-6395

Email: [info@marinersinn.org](mailto:info@marinersinn.org)

**RETURN SERVICE REQUESTED**

Follow us on Twitter

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## Meet Petey The Wonderdog

**Petey is the beloved dog of the Mariners Transitional Housing (TH) Program and the friend of everyone at Mariners Inn.**

Petey is an Irish wolfhound mix and is about two years old. Mariners Inn staff rescued him from the streets while he was still a puppy. Petey has grown considerably since his arrival at Mariners and now weighs in at about 85 pounds.

Petey loves chasing his football, going for walks, and relaxing on the back porch of the TH house when the weather is warm.

His presence at Mariners Inn is therapeutic for the men, who are responsible for ensuring that he has all the love, attention, and care he needs. Several of the men have formed very close bonds with him.



Petey has his own blog on the Mariners Inn website, located at <http://www.marinersinn.org/PeteyTheWonderDog.htm>. Petey also shares his day-to-day experiences on Twitter. Follow him @MarinersInn.

There have been rumors that Petey will be making an appearance at the Mariners Inn Golf Outing, to be held on Monday, June 14 at Warren Valley Golf Course, so reserve your spot now. Don't miss this opportunity to meet a wonderful dog and support a wonderful cause at the same time!