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Everyone enjoyed
great golf while
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The Anchor



Volume 13

MARINERSINN.ORG

Summer 2010

At Mariners Inn we are dedicated to helping homeless men, seeking to be free of addiction, live an independent life filled with dignity and purpose.

22ND ANNUAL
RIVER
RHYTHM
October 8, 2010

2ND ANNUAL
MARINERS INN
ART
EXHIBITION
October 23, 2010

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Community art project takes off



On Saturday, July 17, we kicked off the *Taking it to the Streets - Hands Across Cass Corridor* mosaic project. This exciting project is a partnership among Mariners Inn consumers, staff, and residents of our community. It is generously funded by the **City of Detroit Parks and Recreation Department**.



Participants traced their hands on small panels, then applied pieces of glass, stone, metal, ceramic, and shells. One participant brought ceramic pieces she had recovered in New Orleans after Hurricane Katrina.

During upcoming work sessions, the individual pieces will be incorporated into a larger mosaic that will hang on the outside wall of Mariners Inn's facility. **The next work session is Saturday, July 31 from 8:30am-12:30pm at Mariners Inn (445 Ledyard). We hope you will join us!**



Mariners Inn consumers and staff are collaborating with community members on this exciting project. We are proud to have the support of artist Hubert Massey (pictured right).



8th Annual Golf Outing – A “Par-Tee Fore” Fathers



Artist Hubert Massey was Honorary Chairperson of the event

On Monday, June 14, 2010 Mariners Inn hosted our 8th annual golf classic at the Warren Valley Golf Course. The weather fully cooperated as 72 golfers helped us raise nearly \$20,000 to support the mission of Mariners Inn. We were honored to once again have Strategic Staffing Solutions as our Lead Sponsor.

Honorary Chair Hubert Massey mixed and mingled with guests throughout the day. Mr. Massey took time to explain the importance of art therapy in a treatment facility during the award ceremony. The excitement peaked when one of our golfers came within a foot of claiming the 2010 Ford Focus donated by Ed Schmid Ford for the hole-in-one prize. Mariners Inn would like to thank all of our sponsors, silent auction donors, gift bag donors, and the volunteers who helped make the event a success.

Sponsors: Strategic Staffing Solutions, Ed Schmid Ford, Episcopal Diocese of Michigan, Michael Fitzpatrick, and the Wayne County Vision Fund.

Hole Sponsors: African Nights Inc., Allied Eagle Janitorial Supply, Boisvenu & Co. CPA, Compact Power, Inc., Community Care Associates, Inc., Diamond Hospitality, LLC., Express Tax & Go, LLC., Garan Lucow Miller, P.C., Gleaners Community Food Bank, In Memory of Sam Migliazzo (1927-2009), LSG Insurance Partners, Law Offices of Dov Lustig, Michigan Chronicle/Michigan FrontPAGE, Motorcityinteractive.com, Nemeth & Burwell, P.C., Ted & Janet Payne, Rabbit Lane, LLC, Racine & Associates, Sun Valley Foods Co., Wells Fargo Insurance Services, Pegasus Taverna

Special Thanks To: Brent Bacher, Carl Bentley, Carl’s Golf Land, Cass & Henry Market, Comerica Bank, Health Alliance Plan, Law Offices of Racine & Associates, Quickie Printing, Sr. Mack Rice, Strategic Staffing Solutions, The Tennis and Golf Company, Total Health Care, U.S. Department of Commerce – Census 2010.

Hope to see everyone once again next year!



Petey the Wonder Dog made an appearance



Over 72 golfers attended, and everyone had a fantastic time!

Saving Families...One Father At A Time

Message from the COO

Hello Friends -

We would like to, once again, thank you for your tremendous support of our mission. It goes without saying that we wouldn't exist without the dedicated support of the community and our loyal staff.



As I stated in our Spring 2010 Newsletter, we have joined forces with the Bureau of Substance Abuse to implement the Recovery Oriented System of Care (ROSC) in our day to day programming. The ROSC is designed to assist and coach our consumers into long-term recovery following an acute residential treatment stay. In addition, we are extremely excited about our art and culture initiative that is designed to help our men express themselves through art. We call this initiative "picking up the pieces" because it literally symbolizes the fact that our men have had to pick up the pieces of their lives in an effort to restore hope and dignity. We successfully renovated our lobby with mosaic pieces created by the men. Many supporters and community leaders including State Representative Coleman A. Young II and Detroit City Councilwoman Saunteel Jenkins officially recognized it on May 21, 2010. We encourage you to join us on our journey of recovery through discovery.

Once again, thank you for agreeing to continue to help us save lives by returning men to their families, clean and sober... "One Father At A Time".

Sincerely,

David Sampson, MSW, LMSW
Chief Operating Officer

22ND ANNUAL RIVER RHYTHM Roostertail, Detroit Friday, October 8 6:00pm

River Rhythm is Mariners Inn's annual fundraising event featuring fine dining, entertainment, and silent and live auctions. It is truly an event to remember.

For ticket information, sponsorship opportunities, or to volunteer, contact Doreen Webb at 313.962.9446 ext. 230 or dwebb@marinersinn.org

2ND ANNUAL ART EXHIBITION Swords into Plowshares Gallery Opening reception: Saturday, October 23, 2010 1:00-3:00pm

This special event celebrates the artistic talents of the men we serve. Art will be available for purchase and hors d'oeuvres will be provided.

Volunteer Spotlight

Mosaic artist Maxine Gardner has been volunteering at Mariners Inn since June of 2009. Every Tuesday, she works with the men, assisting them to explore their creativity through mosaic art.

Ms. Gardner, always creative, admits she still can't draw a straight line or color within the lines. It was at the age of forty-six when she took her first mosaic class that her life changed.

Recycling everyday items and creating mosaic art for home and garden became her passion. She began to make mosaics in her basement and studied illustrations from art books for inspiration. When a friend convinced her to display her art at a library opening, the overwhelming positive public response marked the beginning of her viewing herself as an artist.

Ms. Gardner discovered Mariners Inn through her involvement in Detroit Synergy, an organization that is committed to building a more vibrant Detroit. When she heard that Mariners Inn had asked Detroit Synergy for assistance with getting materials for mosaics, she jumped at the chance to get involved.

"When I first came to Mariners Inn, I felt an immediate connection



Mosaic artist Maxine Gardner provides knowledge and inspiration for the men to embrace their creativity

to the men because they have asked for help. So many of us have fears and problems, but we are afraid to ask for help," she says.

She donated carload after carload of materials from her studio, and began to teach the men the technical aspects of creating mosaic art so they would have the tools they need to express themselves creatively.

"The joy that comes to the men when they create art is infectious," she says. "Last year the men had an opportunity to have a gallery showing of the art they created. The response was fantastic. The public recognition of their talent

was a boost to their personal growth and self-esteem."

Ms. Gardner shared a book about photography with David, a resident in the Mariners Extended Residency Program. She showed him that when you look through the lens of a camera you can interpret your surroundings in a different way. For example, a broken window can become art in a photograph. After talking with Ms. Gardner, David began to carry a camera with him everywhere he went, and now displays his photographs in local businesses.

Ms. Gardner believes that providing the men with a safe haven where they are encouraged to grow and enjoy being with others is an important part of their recovery. She tells the men about how she did not discover her talent or become an artist until later in life, inspiring them to pursue their own hopes and dreams. She says that the men provide her with a great deal of support and inspiration in her own journey.

Thank you, Ms. Gardner, for sharing your artistic talents with the men of Mariners Inn, teaching them new skills, and inspiring them to unlock their creativity and share their talents with others. You are truly an inspiration to us all!

Healing through the arts

Many of the men at Mariners Inn use the arts, especially visual art, music, and poetry, as a source of healing in their journey of recovery.

According to the American Art Therapy Association, “the creative process involved in artistic self-expression helps people to resolve conflicts and problems, develop interpersonal skills, manage behavior, reduce stress, increase self-esteem and self-awareness, and achieve insight.”

The men have created some amazing artistic work in recent years, including the three-panel *Bridge Over Troubled Waters* mosaic, a mosaic covered bench and bike rack, and numerous individual drawings, mosaics, sculptures, poems, songs, paintings, etc. Many pieces were featured at Mariners Inn’s 2009 River Rhythm event.

The following poem was written by Clarence Furlow, a resident of Mariners Inn’s Residential Treatment Program. It reflects his positive approach to the difficulties he has faced in life. More information about Mr. Furlow can be found on the next page.



Portraits from the Soul

Masks created by Mariners residents hang in the lobby

God’s Intricate Plan

You are who you are for a reason
 You’re part of an intricate plan
 You’re a precious and perfect unique design
 Called God’s special woman or man.

You look like you look for a reason
 Our God made no mistake.
 He knit you together within the womb.
 You’re just what He wanted to make.

The parents you had were the ones he chose
 And no matter how you feel,
 They were custom-designed with God’s plan
 in mind,
 And they bear the Master’s seal.

The trauma you faced was not easy
 And God wept that it hurt you so.
 But it was allowed to shape your heart
 So that into His likeness you’d grow.

You are who you are for a reason
 You’ve been formed by the Master’s rod
 You are who you are beloved.
 Cause you know that there’s a God.

-By Clarence Eugene Furlow



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Clarence's Story

Clarence Furlow is enrolled in the Mariners Inn Residential Treatment Program, where he is working to overcome substance abuse and prepare for college and eventually a life of independence.

“With the help of the program, I’m working on my problem, and I get by day to day,” he says. In the fall, Mr. Furlow will complete his GED, enabling him to qualify for a grant to use towards college. He hopes to attend Wayne State University to earn a Bachelor’s degree in architectural construction.

Mr. Furlow enjoys writing poetry and comes up with new ideas

during his down time between group sessions, meetings, meals, and other daily activities at Mariners Inn. He carries his notebook of poems with him and enjoys sharing them with others. One of Mr. Furlow’s poems, “God’s Intricate Plan,” can be read on page 5.

Thank you for your support of Mariners Inn, which enables us to give Mr. Furlow and many other men the resources and opportunities they need to change their lives for the better. **We could not carry out our mission every day without our donors, volunteers, and community partners. We cannot thank you enough!**

