

2021

# ANNUAL REPORT



## Mariners Inn

Recovery is Real...and Begins at Mariners Inn



# Mission

Mariners Inn Human Services exists to provide help and opportunity to adults, families and youth affected by addiction and homelessness.

# Programs

- Residential Treatment
- Recovery Housing
- Strengthening Families
- Residential Youth Prevention
- Alumni and Outreach
- Residential Gambling Treatment
- Outpatient Treatment
- Mariners Extended Residency (MER)
- Peer Mentoring
- Social Enterprise
- Strong, Healthy, Empowered (SHE)

# Accreditation

Our treatment program is certified by the Commission for the Accreditation of Rehabilitation Facilities (CARF) at the most prestigious three-year level.

We are licensed to provide residential, outpatient, and integrated treatment by the Michigan Department of Community Health.

# Ceo Message



Hello Friends and Supporters;

Despite the world-shaking challenges that the COVID-19 pandemic has had over the past 2 years, we have maintained our presence both in service to the community and to the people that help us provide that service; our uncompromised professional staff and dedicated board of trustees. Mariners Inn has positioned itself for long-term sustainability because of the life-changing provision of quality behavioral health intervention that the people we serve, receive on a daily basis. Moreover, we have positioned ourselves to continue those wonderful services on the corner of Cass and Ledyard Street here in the City of Detroit, MI; where we have been for the last 67 years!

We are truly blessed beyond measure, to be involved with helping to save lives. We recognize that our fortunate position to be able to do so, would not be possible without your unwavering support; the support of the community; the support of our friends; the contributions of our donors and the mission-driven support of our stakeholders.

During a recent interview for a local publication, I was asked the question: “What keeps you coming back to work with people with so many issues like substance abuse, homelessness, felonies, family dysfunction , unemployment, etc. every day?” My answer was simple; I love celebrating victories with the people we serve. Victories like, maintaining sobriety, returning to school, securing employment, reuniting with family, securing housing, volunteerism, reigniting a career that was shelved because of addiction, realizing a life-long dream and feeling the peace associated with renewed possibilities, are just some of the victories that I humbly enjoy witnessing and celebrating on a daily basis. I would be honored if you could help by joining me on this journey to continue to help save lives and witness some of those victories for yourself.

Finally, I am as excited today as I was when we decided in 2017 to embark on the journey of expanding our agency and services to include The Anchor: a new development project that will provide 44 units of Permanent Supportive Housing and 40 units of Recovery Housing to people who need our help. I am overwhelmed by the amount of and type of support that we have received from both the private and public sector for The Anchor thus far. I am eagerly looking forward to inviting you to a special ribbon-cutting ceremony designed to celebrate the beginning construction for The Anchor; until then, thank you for believing in our mission and thank you for helping us return the people we serve to their families and the community clean and sober. We believe, with everything we do and say, that Recovery is Real...and Begins at Mariners Inn!

Sincerely,  
David Sampson, LMSW  
Chief Executive Officer

# Recovery Spotlight

## Ben

Ben's first time in a treatment recovery environment was June 30, 2022, when he entered the Mariners Inn Residential Treatment Program. After completing residential treatment he enrolled in the Outpatient Treatment Program at Mariners Inn. Ben reported applying acceptance, open-mindedness, patience, and understanding, which he learned in residential and outpatient in the early stages of his recovery process, has helped increase his motivation and maintain abstinence. Although he experienced some setbacks over the course of his early recovery efforts, he resiliently bounced back with the assistance of Mariners Inn team in the outpatient program. Today, he is celebrating over 9-months of sobriety. Ben contributes his sobriety to "being a passenger on the moving train [he] calls Mariners Inn". Ben is an actively engaged member of the outpatient treatment program, attending sessions twice weekly; he meets with his outpatient recovery coach once per week; and actively engages in Gary Owens'; Monday Recovery Support Meeting and the Sunday Alumni Meeting. Ben verbalizes that before completing residential treatment his understanding was he would "be fixed"; however, he has grown in his commitment to recovery and understands managing his disease of addiction is a lifetime personal responsibility. Ben is recognized today because he is demonstrating that Recovery Is Real and begins at Mariners Inn!

## Martin

Martin entered the Mariners Inn Intensive Outpatient Program (IOP) on Oct-12-2021, as a totally determined and willing participant in his own recovery process. During this time, Martin abided by all the rules and continues to be spoken of highly among his peers. On Nov-14-2021, Martin completed the I.O.P. Program and entered the Outpatient Program and became a resident at a Transitional Housing program called the Gathering House. During his time at Gathering House, Martin has been enrolled in the Mariners Inn Peer Recovery Support Program. His Peer Coach, along with Martin, created a person centered plan for his recovery to support him in reaching his goals. His Peer Coach helped him work on his mental and physical health needs, housing requirements, and employment issues. His Coach has helped him develop priorities that sustain his recovery. Martin has obtained gainful employment at Lagarda Security who employs him at McLaren Oakland Hospital in Pontiac, Michigan. Martin continues to attend recovery meetings regularly and keeps in contact with his Peer Coach who helps him deal with any issues that may arise. Mr. Martin's main goals are to stay clean and maintain employment.

# Leadership



**David  
Sampson,  
MSW, LMSW,  
CEO**



**Carina  
Jackson,  
MSM, COO**



**Nicole  
Freeman-  
Kirkland, CFO**

Ed Gardin, Alumni & Outreach Director

Stefanie Alston, Prevention Director

Brittany Miles, Clinical Director

Shalonda Spencer, Recovery Housing & Aftercare Director

Carmen Proctor, Human Resources

Stephen Van Every, Development Director

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# 2021 by the Numbers

## *Residential Substance Abuse Treatment*

Served an average of 35 men daily  
Placed 15 men in permanent housing  
Placed 125 men in transitional housing  
Served a total of 416 men

## *Recovery Housing (RH)*

46 men completed the program  
Served a total of 102 men

## *Extended Residency Housing (MER)*

Placed 6 men in permanent housing  
Served a total of 35 men

## *Strengthening Families*

Served 12 families

## *Alumni & Outreach Services*

Served a total of 225 individuals

## *Residential Youth Prevention (RYPP)*

Served a total of 45 individuals

## *Strong Healthy Empowered (SHE)*

Served a total of 23 individuals

## *Social Enterprise (SEP)*

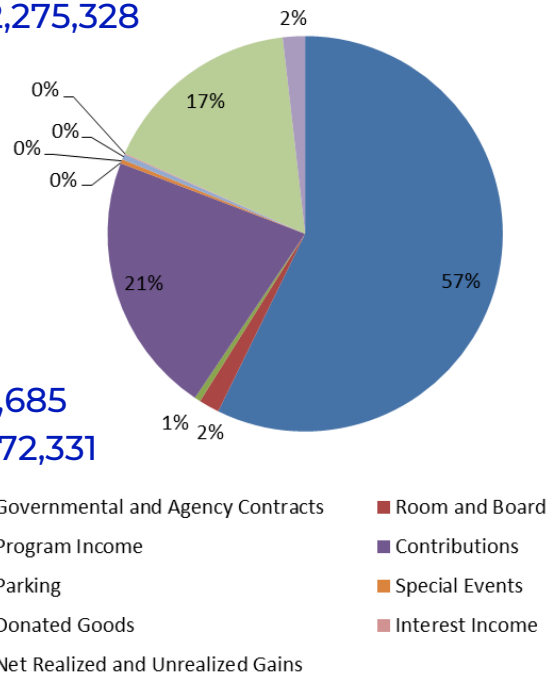
Completed 10 social enterprise jobs  
Found 15 amount clients permanent employment

# Resource Allocation

## Revenue

Governmental and Agency Contracts 2,275,328  
 Room and Board 66,706  
 Program Income 19,166  
 Contributions 850,024  
 Parking -  
 Special Events 13,336  
 Donated Goods 17,493  
 Interest Income 3,924  
 Net Realized and Unrealized Gains 655,685  
 Net Assets Released from Restrictions 72,331  
 Revenue Total 3,973,993

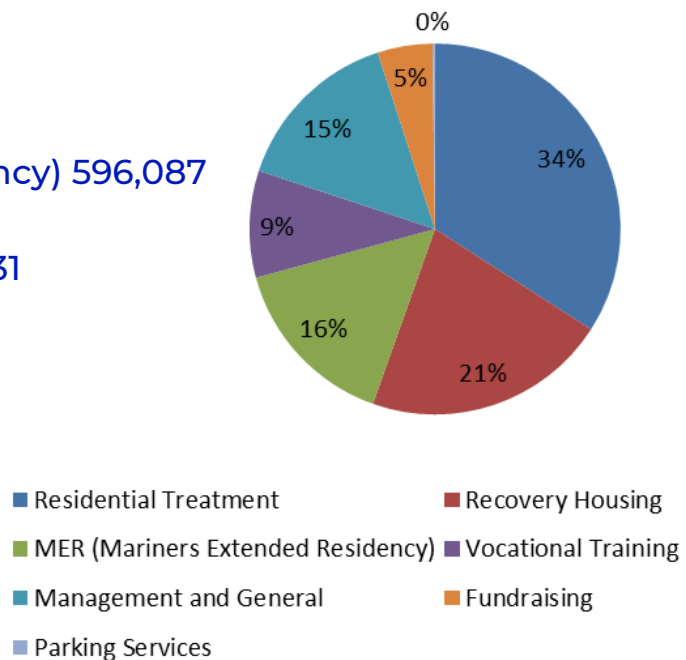
### Revenue 2020-2021



## Expenses

Residential Treatment 1,325,121  
 Recovery Housing 828,799  
 MER (Mariners Extended Residency) 596,087  
 Vocational Training 361,998  
 Management and General 579,631  
 Fundraising 186,333  
 Parking Services 8,005  
 Expenses Total 3,885,974

### Expenses 2020-2021



# Thank You to Our Donors

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Achievers  
Addison Mauck  
ADP  
Alexander Luvall  
Alicia Klein  
Alma Anderson  
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